CALIFORNIA CORRECTIONAL
HEALTH CARE SERVICES

CENTRAL CALIFORNIA WOMEN'S FACILITY	Effective Date: 06/2021
OPERATIONAL PROCEDURE	Next Revision: 05/2022
M-3115 ACCESS TO CONTRACEPTIVES AND FAMILY PLANNING SERVICES	Attachments: Yes ☒ No ☐

I. POLICY

A. California Correctional Health Care Services (CCHCS) shall provide female patients who may become pregnant, their choice of birth control methods and emergency contraception, approved by the United States Food and Drug Administration, unless medically contraindicated. CCHCS shall also provide nonprescription birth control methods, without the requirement of seeing a licensed health care provider.

B. CCHCS licensed health care providers trained on reproductive health and family planning services, based on their residency and board certification, shall provide nondirective, unbiased, and non-coercive prescription contraceptive services and contraceptive counseling.

II. APPROVAL AND REVIEW

This is a local Operational Procedure (OP) and requires the approval of the Warden and Chief Executive Officer (CEO). The Chief Medical Executive (CME) and Chief Nurse Executive (CNE) or designees, are responsible for reviewing and auditing this procedure before the required annual revision.

III. RESPONSIBILITY

A. The CEO, or designee, is responsible for the implementation, monitoring and evaluation of this policy.

B. The Warden shall be administratively responsible for custody staff's adherence to this procedure.

C. The Chief Medical Executive (CME) and the Chief Nurse Executive (CNE), or their designees, shall be responsible for the operation of this procedure.

IV. PROCEDURE

A. Intake Screening:

1. The Receiving and Release (R&R) Registered Nurse (RN), or designee, will provide to the patient the CCHCS Patient-Inmate Orientation Handbook to Health Care Services with information relating to family planning services including contraception counseling services.

a. The R&R RN, or designee, shall ensure the patient signs a CDC 128-B, General Chrono (Attachment A) acknowledging receipt of the Patient-Inmate Orientation Handbook to Health Care Services.

1) The completed signed CDC 128-B shall be routed to the Health Information Management (HIM) office to be scanned into the patient's health record in the EHRS.

B. Patient Education:

2. The CNE, or designee, shall ensure the CCHCS women healthcare services posters (Attachment B) regarding contraception rights and women's health care curriculum are, at a minimum, displayed in the following areas within the CCWF:

a. R&R
b. Triage and Treatment Area (TTA)
c. CCWF 805 Central Health Building
d. Dormitory TV Areas
e. Skilled Nursing Facility (SNF)
f. Inmate Advisory Council (IAC) office
g. Inmate Peer Educators Program (IPEP) office

3. Patients may request family planning and contraception counseling services at any time during their incarceration by utilizing the Health Care Services Request Form, CDCR 7362 (CDCR forms can be located on Lifeline, Health Care Department Operations Manual (HCDOM) Resources, Forms).
4. Non-prescription birth control options shall be made available by custody, during family visits and at time of parole without requirement to see their Primary Care Provider (PCP).
5. Woman's health education may be obtained, but not limited to, the following resources:

a. Patient Orientation to Health Care Services Handbook
b. During clinical contacts, as needed.
c. By request for Nursing Led-Therapeutic Groups

C. Pre-Release Counseling:

1. Contraceptive Counseling and family planning services shall be offered and made available to all incarcerated persons who are capable of becoming pregnant.

a. On a monthly basis the Classification and Parole Representative (C&PR), or designee, shall provide the CME and CNE, or their designees, with a list of patients paroling between 60 and 180 days.
b. The CME, or designee, shall distribute this list to the appropriate PCPs.
c. The CNE, or designee, shall distribute this list to the appropriate Care Team RNs.

d. The Care Team RN's, or designee, shall place the 'Pre-Release Nursing Visit' order, which is schedulable to all nursing positions, at least 60 days prior to a patient's EPRD, but no sooner than 180 days prior to their ERPD, for patients capable of becoming pregnant.

1) The Care Team RN, Licensed Vocation Nurse or Medical Assistant or their designees, shall document, utilizing the 'Pre-Release Family Planning Offer' PowerForm for any female patient who wishes to receive family planning counseling services with their assigned PCP. Selecting 'Yes' on the PowerForm will fire the 'PCP Family Planning' order for an appointment with the provider, with a compliance date of 30 days.

a) The patient's choice of contraceptive needs to be ordered by obstetrics and gynecology (O/B/GYN), the PCP will place an order for 'Consult to OB/GYN', and the OB/GYN will place appropriate contraceptive orders within the appropriate time frame.

2) If a patient declines, the Care Team RN, PCP, or designees, shall ensure the patient signs a Refusal of Examination and/or Treatment, CDCR-7225.

V. ATTACHMENTS

A. CDC 128-B, General Chrono
B. Family Planning Services Poster

VI. REFERENCES

A. California Penal Code, Part 3, Title 2, Imprisonment of Female Prisoners in State Institutions, Chapter 3, Section 3409.
B. California Correctional Health Care Services (CCHCS) Patient-Inmate Orientation Handbook to Health Care Services - Contraception Addendum.
C. Senate Bill 1433, Mitchell. Incarcerated persons: contraceptive counseling and services.
D. CCHCS Electronic Correctional Health Care Organization Solution 100-240 Integrated Pre-Release Family Planning Workflow
E. Lifeline Health Care Department Operations Manual (HCDOM) Resources, Forms

VII. APPROVAL

5-26-21 — R. DE LA CERDA, DATE
Chief Executive Officer
Central California Women's Facility

5/28/21 — M. PALLARES, DATE
Warden (A)
Central California Women's Facility

ATTACHMENT A

NAME and NUMBER CDC 128-B (Rev. 4/74)

DATE GENERAL CHRONO

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DATE GENERAL CHRONO

Contraceptive Counseling and Services

Your Rights Include:

- *Access to contraceptive counseling and choice of birth control method*
- *Education and information regarding the availability of family planning services*
- *Family planning and contraceptive counseling services will be offered at least 60 days, but no longer than 180 days, prior to a scheduled release date*

Senate Bill 1433

Section 3409 of the Penal Code, relating to incarcerated persons

Contraceptive Counseling and/or Family Planning Services are available to all women who would like more information.

How to Receive Services:

Submit a 7362 to schedule an appointment with your health care provider.

If you would like Peer Education Training you may sign up for classes in the Inmate Peer Educators Program (Located on Facility C)

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Effective January 1, 2017